

Admin Information

A.14

SUMMARISED CONTENTS OF SNORKEL DIVER / OCEAN EXPLORER TRAINING PROGRAMME

EXPERIENCE SNORKELLING

An introduction to snorkelling in sheltered water.

Practical only

- Self certification 'Fitness to Snorkel'
- Swim 50 metres freestyle
- Basic snorkelling skills*
- Certificate awarded

Completion of Experience Snorkelling covers the content of the Sheltered Water Lesson SDSW1 of Snorkel Diver: 'Review of Basic Skills' and if students progress to Snorkel Diver, this element can be signed off.

SNORKEL DIVER

(minimum age of 8 years)

A member of BSAC who has completed both sheltered water and theory training to be proficient in basic snorkelling skills.

On completion of the course, the student should be competent in the safe and correct use of mask, fins and snorkel for surface snorkelling and brief breath-holding dives, in sheltered water.

Theory Training

- Introduction
- Snorkelling equipment & signals
- Some snorkelling science
- Safe snorkelling
- Theory Assessment

Practical Training

- Review of basic skills
- Developing finning techniques
- Mask and snorkel clearing and head first surface dives
- Snorkelling and diving in deeper water and buddy rescue
- Snorkelling in a buddy pair and buddy rescue

OCEAN SNORKEL DIVER

(minimum age of 8 years)

A member of BSAC who has achieved the status of Snorkel Diver, and has received further training to take a full and active part in open water snorkelling activities, including rescue techniques and further advanced exercises. On completion of training, this diver should be competent in the safe use of all appropriate open water snorkelling equipment including protective clothing and should be able to act as one of a buddy pair of snorkellers.

Theory Training

- Breath-hold Diving
- Skills and Equipment
- The Heart and Lungs
- Rescue & Rescue Techniques
- Safe Snorkelling Practices
- Planning Snorkelling Trips

Practical Training - pool / sheltered water

- Entry methods
- Mask refit and clear
- Use of Weightbelts
- Buoyancy aids Rescue Techniques
- Tired Swimmer Tows
- Snorkel Diver Skills Test

Practical Training - open water

- Full Equipment Familiarisation

Qualifying Dives

- Make three Open Water Qualifying Dives
- Use of Compass
- Open Water Skills Test

ADVANCED OCEAN SNORKEL DIVER

A member of the BSAC who has achieved the status of Ocean Snorkel Diver, and trained to have a greater level of theoretical knowledge in all aspects of snorkelling and having broad practical experience of snorkelling. The Advanced Ocean Snorkel Diver should know how snorkelling skills might be applied to specialist activities.

Theory Training

Causes and effects of pressure change

Elementary marine biology

Diving from small boats

Snorkelling activities

Practical Training - open water

Navigation

Ropes and Ropework

Qualifying Dives

Make five Open Water Qualifying Dives. These dives should:

- Be of at least 20 minutes duration each
- Be gained on not less than three different dates
- Provide experience of both fresh and sea water sites.

SNORKEL DIVE MANAGER

An Advanced Snorkel Diver who is trained and qualified to organise and supervise group snorkelling activities.

Theory Training

Organisation of snorkelling activities

Leadership of snorkelling activities

Open Water dive planning

Qualifying Dives

Make five Open Water Qualifying Dives. These dives should:

- Be of at least 20 minutes duration each
- Provide experience of five different snorkelling activities
- Two dives to be used by Instructor to demonstrate organisation and leadership skills
- Subsequently, the last two dives to be used to assess the candidate's competence as an organiser and leader of snorkelling activities.

BSAC Snorkel Lifesaver Award

Those wishing to qualify as a Snorkel Dive Manager will be expected to hold this Award.